



National Sports Center

2024 Intro to Sport Programs Schedule

Session			Dates	Time	Location
Winter	Tuesday	Volleyball	January 2nd - February 20th, 2024	5:00 - 6:00 pm	NSC Sports Expo Center
		Basketball	<i>No winter basketball session</i>		
	Wednesday	Hockey	<i>No winter hockey session</i>		
		Soccer	January 3rd - February 21st, 2024	6:00 - 8:00 pm	NSC Sports Hall - Field TBD
	Thursday	Baseball	January 4th - February 22nd, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD
		Lacrosse	January 4th - February 22nd, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD
Flag Football		January 4th - February 22nd, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD	
Spring	Tuesday	Volleyball	March 5th - April 23rd, 2024	5:00 - 6:00 pm	NSC Sports Expo Center
		Basketball	March 5th - April 23rd, 2024	6:00 - 7:00 pm	NSC Sports Expo Center
	Wednesday	Hockey	March 6th - April 24th, 2024	5:40 - 6:40 pm	NSC Super Rink - Rink TBD
		Soccer	March 6th - April 24th, 2024	6:00 - 8:00 pm	NSC Sports Hall - Field TBD
	Thursday	Baseball	March 7th - April 25th, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD
		Lacrosse	<i>No spring lacrosse session</i>		
Flag Football		March 7th - April 25th, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD	
Summer I	Tuesday	Volleyball	May 7th - June 25th, 2024	5:00 - 6:00 pm	NSC Sports Expo
		Basketball	May 7th - June 25th, 2024	6:00 - 7:00 pm	NSC Sports Expo
	Wednesday	Hockey	May 8th - June 26th, 2024	5:40 - 6:40 pm	NSC Super Rink - Rink TBD
		Soccer	May 8th - June 26th, 2024	5:00 - 7:00 pm	NSC Outdoor Field - TBD
	Thursday	Baseball	May 9th - June 27th, 2024	5:00 - 6:00 pm	NSC Airport Field - TBD
		Lacrosse	<i>No summer I lacrosse session</i>		
Flag Football		May 9th - June 27th, 2024	5:00 - 6:00 pm	NSC Outdoor Field - TBD	
Summer II	Tuesday	Volleyball	July 30th - September 17th, 2024	5:00 - 6:00 pm	NSC Sports Expo
		Basketball	July 30th - September 17th, 2024	6:00 - 7:00 pm	NSC Sports Expo
	Wednesday	Hockey	July 31st - September 18th, 2024	5:40 - 6:40 pm	NSC Super Rink - Rink TBD
		Soccer	July 31st - September 18th, 2024	5:00 - 7:00 pm	NSC Outdoor Field - TBD
	Thursday	Baseball	August 1st - September 19th, 2024	5:00 - 6:00 pm	NSC Airport Field - TBD
		Lacrosse	August 1st - September 19th, 2024	5:00 - 6:00 pm	NSC Outdoor Field - TBD
Flag Football		<i>No summer II flag football session</i>			
Fall	Tuesday	Volleyball	<i>No fall volleyball session</i>		
		Basketball	September 24th - November 12th, 2024	6:00 - 7:00 pm	NSC Sports Expo
	Wednesday	Hockey	October 2nd - November 20th, 2024	5:40 - 6:40 pm	NSC Super Rink - Rink TBD
		Soccer	September 25th - November 13th, 2024	6:00 - 8:00 pm	NSC Sports Hall - Field TBD
	Thursday	Baseball	September 26th - November 14th, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD
		Lacrosse	September 26th - November 14th, 2024	5:00 - 6:00 pm	NSC Sports Hall - Field TBD
Flag Football		<i>No fall flag football session</i>			