

NATIONAL SPORTS CENTER ISI FREESTYLE 1 – 7 TEST DAY PROCEDURES

Thank-you for submitting an application for a test at our upcoming ISI Freestyle test session. To help the skater and parent(s) become more familiar with how the ISI test day will run, please go over the following information.

Arrive 15-20 minute ahead of your scheduled warm-up time. Skaters will have a short warm-up prior to the judges calling them over to start the test.

At NSC all ISI Freestyle 1 – 7 tests will have three ISI certified judges on the test panel. The entire test must pass by two of the three judges; except Freestyle 7 must be passed by all three judges.

There are two parts to the test.

Part 1: Compulsory elements. Each of the required elements will be performed. Skaters will be given up to TWO attempts per element. All the test elements must be passed by two of the judges prior to the skater moving on to the second part of the test. After the compulsory elements the judging panel will have a short discussion to review their scores. At this point the skater will be called over to find out if they have passed the compulsory elements and will be proceeding to the program portion.

Part 2: Freestyle program. For the second part of the test, the skater will perform all the elements listed in a program set to music. After the program has finished the judges will finish filling out their score sheet. A short discussion among the judges to see if there are any elements that should be re-skated. One required test element may be re-skated at the completion of the test. The skaters will be given two attempts at the element.

Both parts must be passed in order for the skater to pass the Freestyle level.

Each element on the test has specific requirements set forth in the ISI Rules and Test standard handbook. This handbook is available for purchase at the ISI website. These requirements must be met in order to pass the ISI test.

ISI Dance step Freestyle 4 and up <> Starting at the ISI Freestyle 4 level the dance step becomes one of the harder elements on the test for the skaters to master. ISI has developed specific requirements in regards to pattern, execution, rhythm and edge quality of the turns that must be met in order for the skater to pass the dance step. The skills on the dance step patterns are often of a more difficult level then the skater's current US figure Skating moves in the field level.

Each required test element will be graded on the following ISI point system:

SCORE: A minimum of 5 must be scored for each compulsory element to pass

0= Maneuver not attempted

1= Maneuver was attempted, but not recognizable

2= Maneuver was attempted and recognizable

3= Very poor

4= Poor, not passing

5= Minimum passing standard

6= Fair performance

7= Good performance

8= Very good performance

9= Excellent performance

10= Superior performance