

# **2024 ICE SHOW SOLO REQUIREMENTS**

Revised April 2023

**Competition Qualification period  
March 1, 2023 – February 28, 2024**

**Testing Qualification period will close  
December 31, 2023**

For a Competition requirement to count towards the show requirements, the skater must represent the NSC ISI Team or NBNSC FSC at those events.

The purpose of the NSC solo criteria is to determine skater's eligibility for a solo or group step out in the spring ice show.

It is designed to encourage skaters to:

- Maintain National Sports Center as their ISI home program.
- Maintain Northern Blades NSC FSC as their USFS home club, if applicable
- Contract for ice time at The National Sports Center
- Participate in competitions
- Continue to progress through test levels

**Automatic solo ~ Option #1**  
**Must submit the Solo Request Form**

**Skaters must meet either 1, 2**

1. Pass the ISI Freestyle 7, 8, 9 or 10 test.
2. A graduating high school senior that has passed the US Figure Skating Juvenile Freeskate or ISI Freestyle 5 test by the ice show registration deadline, and skated in the NSC Ice Show the previous year.

**Skaters must meet all the requirements below in addition to one of the above requirements.**

3. NBNSCFSC must be the skaters USFS home club by July 1, 2023. This only applies to skaters that are members of US Figure Skating.
4. NSC must be the skaters ISI home rink by September 1, 2023.
5. The skater must be a member in good standing.
6. Compete a minimum of 3 competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
  - Frosty Blades 2024 (Entered in two events, at least in one individual event)  
If you are unable to meet the Frosty Blades requirement please know that you will need to plan ahead for an alternate ISI Competition and entered in 2 individual events – alternate option must be pre-approved by the skating director.
  - One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2023 – February 28, 2024)
  - Third competition may be an ISI or USFS competition, in an individual event (March 1, 2023 – February 28, 2024)
7. Contract for a minimum of 5 sessions per contract period. Fall 2023, Winter 2023/2024 and Spring 2024 Contract Ice. (contracted session must be at least six weeks in length).
8. Complete and turn in the ice show solo request form by 12/31/2023. The application must be **filled out completely** and **late applications will not be considered.**
  - US Figure Skating competition entry/placement **MUST** have the result sheet attached for event verification - A photo of the results sheets is acceptable
  - ISI Competition entry/placement will be verified through the rink.
9. Register for the Ice Show Freestyle Initial group number (family, opening number and bonus freestyle numbers do not meet the requirements).

**COSTUME & MUSIC FEE:** There is a charge of \$25 for music. The costume is the responsibility of the soloist. The costume must be approved by the NSC Skating Director.

**Automatic solo ~ Option #2**  
**Must submit the Solo Request Form**

**US Figure Skating Freeskate Gold Medalist that is a senior in high school.  
The below are the requirements for a solo in the ice show.**

- NBNSCFSC must be the skaters USFS home club when they passed the Senior Freeskate and remain the home club through the current membership year, ending June 2024.
- NSC must be the skaters ISI home rink by September 1, 2023.
- The skater must be a member in good standing.
- Compete a minimum of 3 competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
  - ◆ Frosty Blades 2024 (Entered in two events, at least in one individual event)  
If you are unable to meet the Frosty Blades requirement please know that you will need to plan ahead for an alternate ISI Competition and entered in 2 individual events – alternate option must be pre-approved by the skating director.
    - ◆ One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2023 – February 28, 2024)
    - ◆ Third competition may be an ISI or USFS competition, in an individual event (March 1, 2023 – February 28, 2024)
- Contract for a minimum of 3 sessions per contract period. Fall 2023, Winter 2023/2024 and Spring 2024 Contract Ice. (contracted session must be at least six weeks in length).
- Register for the Ice Show Freestyle Initial group number (family, opening number and additional bonus freestyle numbers do not meet the requirements).

Complete and turn in the ice show solo request form by 12/31/2023. The application must be **filled out completely and late applications will not be considered.**

- **US Figure Skating competition entry/placement MUST have the result sheet attached for event verification - - A photo of the results sheets is acceptable**
- ISI Competition entry/placement will be verified through the rink.

**COSTUME & MUSIC FEE:** There is a charge of \$25 for music. The costume is the responsibility of the soloist. The costume must be approved by the NSC Skating Director.

**\*\* Soloist will receive details with regards to music/theme and costume in January 2024 after all the paperwork and competition entries/placement are verified by the show Director \*\***

## Group Step Out Positions

- **Must submit the Solo Request Form and register for the Ice Show Freestyle Initial group number (family, opening number and additional freestyle bonus numbers do not meet the requirements).**

## **Passed ISI Freestyle 6**

### **Eligibility Rules**

1. NBNSCFSC must be the skaters USFS home club by July 1, 2023. This only applies to skaters that are members of US Figure Skating.
2. NSC must be the skaters ISI home rink by September 1, 2023.
3. The skater must be a member in good standing.
4. Compete a minimum of 3 competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
  - ◆ Frosty Blades 2024 (Entered in two events, at least in one individual event) If you are unable to meet the Frosty Blades requirement please know that you will need to plan ahead for an alternate ISI Competition and entered in 2 individual events – alternate option must be pre-approved by the skating director.
  - ◆ One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2023 – February 28, 2024)
  - ◆ Third competition may be an ISI or USFS competition, in an individual event (March 1, 2023 – February 28, 2024)
5. Contract for a minimum of 5 sessions per contract period (contracted session must be at least six weeks in length). Fall 2023, Winter 2023/2024 and Spring 2024 Contract Ice.
6. Complete and turn in the ice show solo request form by 12/31/2023. The application must be **filled out completely** and **late applications will not be considered.**
  - US Figure Skating competition entry/placement **MUST** have the Official ordinal result sheet attached for event verification – a photo of the results sheets is acceptable
  - ISI Competition entry/placement will be verified through the rink.

**COSTUME:** NSC will be ordering a coordinating outfit to match the group number.

- ◆ Costume fee is the responsibility of the soloist \$60.00 - \$80.00.
- ◆ Music fee of \$25

**\*\* Soloist will receive details with regards to music/theme and costume in January 2024 after all the paperwork and competition entries/placement are verified by the show Director \*\***

# ICE SHOW SOLO/GROUP STEP OUT REQUEST FORM

## Must be turned in by December 31, 2023

Competition qualification period (March 1, 2023 – February 28, 2024)

Test qualification period ends December 31, 2023

Skaters name \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Coach \_\_\_\_\_

### December 31, 2023 highest level passed

ISI Freestyle \_\_\_\_\_ date tested \_\_\_\_\_

USFS Free Skate \_\_\_\_\_ date tested \_\_\_\_\_

Only THREE competition results need to be entered.

1. Frosty Blades 2024 (two events/one must be individual event)
2. Additional ISI Competition (March 1, 2023 – February 28, 2024) must be an individual event
3. An ISI or USFS competition (March 1, 2023 – February 28, 2024) must be an individual event

\*\* If you meet the solo requirement based on a USFS competition you MUST include that event as one of your competitions.

1. Name of competition: FROSTY BLADES 2024 (minimum of two events one must be individual event)

Date of competition: February 2024

Event(s) and level entered:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Name of competition <> ISI Competition \_\_\_\_\_

Date of competition \_\_\_\_\_

Events and level entered: Placement

_____	_____
_____	_____
_____	_____

3. Name of competition \_\_\_\_\_

Date of competition \_\_\_\_\_

ISI or US Figure Skating Competition <> \_\_\_\_\_

USFS competitions must have the ordinal sheet attached for verification – a photo of the results sheet is acceptable

Events and level entered: Placement

_____	_____
_____	_____
_____	_____

- ◆ Attach copies/photos of the USFS ordinal sheets for entry, placement, and NBNSC club representation verification.
- ◆ ISI Entry, placement and NSC representation will be verified by the Skating Director