

Week One: June 10-14

Monday, June 10th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Dryland Training	
	Outside Games	
4:15-5:00 pm	Pick-Up	

Tuesday, June 11th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Games	(Golf clubs can be provided by VLGC if you cannot supply your own)
	Dryland Training	
	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	

Wednesday, June 12th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
12:15-1:00 pm	Lunch	
1:30-3:30 pm	Grand Slam	Field Trip (Mini-Golf, Bumper Cars, Batting Cages, Arcade, Laser Tag, Ninja Course)
4:15-5:00 pm	Pick-Up	

Thursday, June 13th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
1:00-3:15 pm	Bunker Beach Water Park	(Field Trip) Please send your child with a
4:15-5:00 pm	Pick-Up	

Friday, June 14th

Time	Activity	Notes
8:00-9:15 am	Drop Off	

	Dryland Training	
	Kickball	
12:30-1:30 pm	Lunch	
1:30-3:30 pm	Blaine Fire Department	On-site Field Trip
	Inside Games	
4:15-5:00 pm	Pick-Up	

Week Two: June 17-21

Monday, June 17th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Dryland Training	
11:15-12:15 pm	Lunch	
	Outside Games	
	On-Ice Training	
	Inside Games	
4:15-5:00 pm	Pick-Up	

Tuesday, June 18th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
10:00-12:00	Top Golf	Field Trip
12:45-1:45 pm	Lunch	
	Dryland Training	
	On-Ice Training	
4:15-5:00 pm	Pick-Up	

Wednesday, June 19th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Outside Games	
	Campus Scavenger Hunt	
12:00-1:00 pm	Lunch	
	Dryland Training	
	On-Ice Training	
4:15-5:00 pm	Pick-Up	

Thursday, June 20th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Dryland Training	

11:00-11:30 am	Lunch	
12:00-3:00 pm	Twins Game!	Field Trip
	Inside Games	
4:15-5:00 pm	Pick-Up	
Friday, June 21st		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Indoor Training	
2:00-3:30 pm	Blaine Police Department	On-Site Field Trip
	Inside Games	
4:15-5:00 pm	Pick-Up	

Week Three: June 24-28

Monday, June 24th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Activity	
1:30-3:00 pm	Interactive Performance Nutrition	On-site Field Trip
	Dryland Training	
4:15-5:00 pm	Pick-Up	

Tuesday, June 25th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	Outside Activity	
	Dryland Training	
	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	

Wednesday, June 26th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	

12:15-1:00 pm	Lunch	
1:00-3:30 pm	Zero Gravity	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, June 27th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
12:30-1:30 pm	Lunch	
	Next Level Olympics	Outside Activity
	Movie	
4:15-5:00 pm	Pick-Up	
Friday, June 28th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Field Trip) Please send your child with a towel/swimsuit
	Shoreview Community Center Waterpark	
4:15-5:00 pm	Pick-Up	

Week Four: July 8-12

Monday, July 8th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
12:30-1:30 pm	Lunch	
	TBD - Onsite Outdoor Activity	
	Kickball	
4:15-5:00 pm	Pick-Up	
Tuesday, July 9th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:00-12:00 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	Movie	
	Dryland Training	
2:30-4:00 pm	Golf - Victory Links	

4:15-5:00 pm	Pick-Up	
Wednesday, July 10th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:00-12:00 pm	Lunch	
1:00-2:30 pm	3M Mariucci Arena	Field Trip (Campers will bring their gear with them on the bus)
	Outside Games	
4:15-5:00 pm	Pick-Up	
Thursday, July 11th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:00-11:45 am	Lunch	
	Dryland Training	
1:00-2:30 pm	Blaine Police Department	Field Trip
	Outside Games	
4:15-5:00 pm	Pick-Up	
Friday, July 12th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Dryland Training	
	Indoor Training	
	Kickball	
4:15-5:00 pm	Pick-Up	

Week Five: July 15-19		
Monday, July 15th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Morning Activity	
10:45-11:30 am	Lunch	
	On-Ice Training	
	Inside Games	
	Dryland Training	

	Kickball	
4:15-5:00 pm	Pick-Up	
Tuesday, July 16th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Morning Activity	
11:00-11:30 am	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	On-Ice Training	
	Movie	
2:30-4:00 pm	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	
Wednesday, July 17th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
10:00-12:00	Top Golf	Field Trip
12:45-1:30	Lunch	
	On-Ice Training	
	Inside Games	
4:15-5:00 pm	Pick-Up	
Thursday, July 18th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Morning Activity	
	On-Ice Training	
1:00-1:30 pm	Lunch	
2:00-3:30 pm	Flahertys Bowling	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, July 19th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Field Trip) Please send your child with a towel/swimsuit
1:00-3:15 pm	Bunker Beach	
4:15-5:00 pm	Pick-Up	

Week Six: July 22-26

Monday, July 22nd

Time	Activity	Notes
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8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Games	
1:30-3:00 pm	Interactive Performance Nutrition	On-site Field Trip
	Dryland Training	
4:15-5:00 pm	Pick-Up	
Tuesday, July 23rd		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	Outside Games	
	Dryland Training	
2:30-4:00 pm	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	
Wednesday, July 24th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:00-11:30 am	Lunch	
	Twins Game!	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, July 25th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
12:15-1:00 pm	Lunch	
1:30-3:30 pm	Grand Slam	Field Trip (Mini-Golf, Bumper Cars, Batting Cages, Arcade, Laser Tag, Ninja Course)
4:15-5:00 pm	Pick-Up	
Friday, July 26th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Inside Training	
	Movie	

	Kickball	
4:15-5:00 pm	Pick-Up	

Week Seven: July 29-August 2

Monday, July 29th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Outside Games	
11:30-12:30 pm	Lunch	
	Dryland Training	
	On-Ice Training	
4:15-5:00 pm	Pick-Up	

Tuesday, July 30th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Dryland Training	
	Kickball	
12:00-1:00 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	On-Ice Training	
2:30-4:00 pm	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	

Wednesday, July 31st

Time	Activity	Notes
8:00-9:15 am	Drop Off	
10:00-12:00 pm	Zero Gravity	Field Trip
12:45-1:30 pm	Lunch	
	Dryland Training	
	On-Ice Training	
4:15-5:00 pm	Pick-Up	

Thursday, August 1st

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	Hockey Jeopardy!	
11:00-12:00 pm	Lunch	
	Dryland Training	
	On-Ice Training	
	Outside Games	
4:15-5:00 pm	Pick-Up	

Friday, August 2nd		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Field Trip) Please send your child with a towel/swimsuit
1:00-3:00 pm	Shoreview Community Center Waterpark	
	Inside Games	
4:15-5:00 pm	Pick-Up	

Week Eight: August 5-9		
Monday, August 5th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Games	
1:30-3:00 pm	Interactive Performance Nutrition	On-site Field Trip
	Dryland Training	
4:15-5:00 pm	Pick-Up	
Tuesday, August 6th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply your own)
	Outside Games	
	Dryland Training	
2:30-4:00 pm	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	
Wednesday, August 7th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
11:45-12:30 pm	Lunch	
1:00-3:30 pm	Saints Game!	(Field Trip)
4:15-5:00 pm	Pick-Up	
Thursday, August 8th		
Time	Activity	Notes

8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Movie	
	Dryland Training	
	Kick Ball	
4:15-5:00 pm	Pick-Up	
Friday, August 9th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Games	
	Blaine Fire Department	Field Trip
4:15-5:00 pm	Pick-Up	

Week Nine: August 12-16

Monday, August 12th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Inside Games	
	Dryland Training	
	Kickball	
4:15-5:00 pm	Pick-Up	

Tuesday, August 13th

Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	(Golf clubs can be provided by VLGC if you cannot supply yor own)
	Outside Games	
	Dryland Training	
	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	

Wednesday, August 14th

Time	Activity	Notes
8:00-9:15 am	Drop Off	

	On-Ice Training	
11:00-11:30 am	Lunch	
12:00-3:30 pm	Twins Game!	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, August 15th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Movie	
	Dryland Training	
	Outside Games	
4:15-5:00 pm	Pick-Up	
Friday, August 16th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
1:00-3:15 pm	Bunker Beach Water Park	(Field Trip) Please send your child with a towel/swimsuit
4:15-5:00 pm	Pick-Up	

Week Ten: August 19-23		
Monday, August 19th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Dryland Training	
	Blaine Police Department	On-site Field Trip
	Outside Games	
4:15-5:00 pm	Pick-Up	
Tuesday, August 20th		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Outside Games	(Golf clubs can be

	Dryland Training	provided by VLGC if you cannot supply your own)
	Golf - Victory Links	
4:15-5:00 pm	Pick-Up	
Wednesday, August 21st		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:15 pm	Lunch	
1:00-2:30 pm	3M Mariucci Arena	Field Trip (Campers will bring their gear with them on the bus)
	Outside Games	
4:15-5:00 pm	Pick-Up	
Thursday, August 22nd		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
	Dryland Training	
12:30-1:30 pm	Lunch	
	Flahertys Bowling	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, August 23rd		
Time	Activity	Notes
8:00-9:15 am	Drop Off	
	On-Ice Training	
11:30-12:30 pm	Lunch	
	Dryland Training	
	Movie	
	Outside Games	
4:15-5:00 pm	Pick-Up	