

Week One: June 9-13

Monday, June 9th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, June 10th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Golf - Victory Links | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, June 11th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Ninjas United | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, June 12th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Twins Game | |
| 4:15-5:00 pm | Pick-Up | |

Friday, June 13th

| Time | Activity | Notes |
|--------------|----------------------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Blaine FD - Onsite Demonstration | |
| | Dryland Training | |
| 4:15-5:00 pm | Pick-Up | |

| Week Two: June 16-20 | | |
|----------------------|----------------------|---|
| Monday, June 16th | | |
| Time | Activity | Notes |
| 8:00-9:15 am | Drop Off | |
| | Dryland Training | |
| | Lunch | |
| | Outside Games | |
| | On-Ice Training | |
| 4:15-5:00 pm | Pick-Up | |
| Tuesday, June 17th | | |
| Time | Activity | Notes |
| 8:00-9:15 am | Drop Off | |
| | Dryland Training | |
| | Golf - Victory Links | |
| | Lunch | (Golf clubs can be provided by VLGC if you cannot supply yor own) |
| | On-Ice Training | |
| 4:15-5:00 pm | Pick-Up | |
| Wednesday, June 18th | | |
| Time | Activity | Notes |
| 8:00-9:15 am | Drop Off | |
| | Top Golf | |
| | Lunch | |
| | Dryland Training | |
| | On-Ice Training | |
| 4:15-5:00 pm | Pick-Up | |
| Thursday, June 19th | | |
| Time | Activity | Notes |
| 8:00-9:15 am | Drop Off | |
| | Dryland Training | |
| | Outside Games | |
| | Lunch | |
| | On-Ice Training | |
| 4:15-5:00 pm | Pick-Up | |
| Friday, June 20th | | |
| Time | Activity | Notes |
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | (Field Trip) Please send your child with a towel/swimsuit |
| | Bunker Beach | |
| 4:15-5:00 pm | Pick-Up | |

Week Three: June 23-27

Monday, June 23rd

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, June 24th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, June 25th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Saints Game | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, June 26th

| Time | Activity | Notes |
|--------------|------------------------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Xcel Energy Center - Facility Tour | |
| | Dryland Training | |
| 4:15-5:00 pm | Pick-Up | |

Friday, June 27th

| Time | Activity | Notes |
|--------------|----------------------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| | Next Level Trivia (inside games) | |
| 4:15-5:00 pm | Pick-Up | |

Week Four: July 7-11

Monday, July 7th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | On-Ice Training | |
| | Inside Games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, July 8th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, July 9th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, July 10th

| Time | Activity | Notes |
|--------------|-----------------------|---|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | (Field Trip) Please send your child with a towel/swimsuit |
| | Cascade Bay Waterpark | |
| 4:15-5:00 pm | Pick-Up | |

Friday, July 11th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Fun Lab | |
| | Dryland training | |
| 4:15-5:00 pm | Pick-Up | |

Week Five: July 14-18

Monday, July 14th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | Outside Games | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Inside Games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, July 15th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | Next Level Jeopardy | |
| | Golf - Victory Links | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Lunch | |
| | On-Ice Training | |
| | Dryland Training | |
| 4:15-5:00 pm | Pick-Up | SPORTS HALL |

Wednesday, July 16th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | Top Golf | |
| | Lunch | |
| | On-Ice Training | |
| | Movie | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, July 17th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Zero Gravity | |
| 4:15-5:00 pm | Pick-Up | |

Friday, July 18th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Grand Slam | |
| 4:15-5:00 pm | Pick-Up | |

Week Six: July 21-25

Monday, July 21st

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, July 22nd

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, July 23rd

| Time | Activity | Notes |
|--------------|----------------------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training / Outside Games | |
| | Mariucci - On Ice Training | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, July 24th

| Time | Activity | Notes |
|--------------|-------------|-------|
| 8:00-9:15 am | Drop Off | |
| | Valley Fair | |
| 4:15-5:00 pm | Pick-Up | |

Friday, July 25th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | Dryland Training | |
| | Lunch | |
| | On-Ice Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Week Seven: July 28-August 1

Monday, July 28th

| Time | Activity | Notes |
|--------------|---------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Next Level Jeopardy | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, July 29th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, July 30th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Twins Game | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, July 31st

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice training | |
| | Lunch | |
| | Dryland Training | |
| | Bowlero | |
| 4:15-5:00 pm | Pick-Up | |

Friday, August 1st

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Movie | |
| 4:15-5:00 pm | Pick-Up | |

Week Eight: August 4-8

Monday, August 4th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Kickball | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, August 5th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, August 6th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Saints Game | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, August 7th

| Time | Activity | Notes |
|--------------|--|---|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | St Louis Park Community Center (Waterpark) | (Field Trip) Please send your child with a towel/swimsuit |
| 4:15-5:00 pm | Pick-Up | |

Friday, August 8th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Week Nine: August 11-15

Monday, August 11th

| Time | Activity | Notes |
|--------------|------------------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Blaine PD - K9 Demo (onsite) | |
| | Dryland Training | |
| | Next Level Trivia | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, August 12th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, August 13th

| Time | Activity | Notes |
|--------------|-----------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Flaherty's Arden Bowl | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, August 14th

| Time | Activity | Notes |
|--------------|-----------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Bunker Beach | |
| 4:15-5:00 pm | Pick-Up | |

Friday, August 15th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Week Ten: August 18-22

Monday, August 18th

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |

Tuesday, August 19th

| Time | Activity | Notes |
|--------------|----------------------|--|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Golf clubs can be provided by VLGC if you cannot supply your own) |
| | Golf - Victory Links | |
| 4:15-5:00 pm | Pick-Up | |

Wednesday, August 20th

| Time | Activity | Notes |
|--------------|---|---|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | (Field Trip) Please send your child with a towel/swimsuit |
| | Shoreview Community Center - Water Park | |
| 4:15-5:00 pm | Pick-Up | |

Thursday, August 21st

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Ninjas United | |
| 4:15-5:00 pm | Pick-Up | |

Friday, August 22nd

| Time | Activity | Notes |
|--------------|------------------|-------|
| 8:00-9:15 am | Drop Off | |
| | On-Ice Training | |
| | Lunch | |
| | Dryland Training | |
| | Outside Games | |
| 4:15-5:00 pm | Pick-Up | |