

## National Sports Center 2025 Intro to Sport Programs Schedule

Session			Dates	Level	Time	Location	
Winter	Monday	Cheerleading	January 6th - February 24th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field C	
	Tuesday	Basketball	No winter Basketball				
	Wednesday	Hockey	No winter Hockey				
		Soccer	January 8th - February 26th, 2025	Intro I Intro II Intro III	7:00 - 7:30 pm 6:00 - 6:45 pm <del>7:00 - 7:50 pm</del>	NSC Sports Hall - Field C	
	Thursday	Baseball	January 9th - February 27th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field C	Split/FF
		Soccer	January 9th - February 27th, 2025	Intro 4 & 5	5:00 - 6:00 pm	NSC Sports Hall - Field A	
		Flag Football	January 9th - February 27th, 2026	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field C	Split/Base
Spring	Monday	Cheerleading	March 10th - April 28th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field C	
	Wednesday	Hockey	March 12th - April 30th, 2025	Intro I Intro II Intro III	5:40 - 6:10 pm 5:40 - 6:40 pm	NSC Super Rink #1	3/12 on Rink #4
		Soccer	March 12th - April 30th, 2025	Intro I Intro II Intro III	7:00 - 7:30 pm 6:00 - 6:45 pm <del>6:00 - 6:55 pm</del>	NSC Sports Hall - Field C	
	Thursday	Baseball	March 13th - May 1st, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field A	
		Soccer	March 13th - May 1st, 2025	Intro 4 & 5	5:00 - 6:00 pm	NSC Sports Hall - Field B	
		Flag Football	March 13th - May 1st, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field A	
Summer I	Monday	Cheerleading	May 5th - June 30th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - C	No 5/26 - Add 6/30 6/23 6:00-7:00 pm
	Wednesday	Hockey	May 7th - June 25th, 2025	Intro I Intro II Intro III	5:40 - 6:10 pm 5:40 - 6:40 pm	NSC Super Rink	
		Soccer	May 7th - June 25th, 2025	Intro I Intro II Intro III	6:00 - 6:30 pm 5:00 - 5:45 pm <del>6:00 - 6:55 pm</del>	NSC Outdoor Field 47	
	Thursday	Baseball	May 8th - June 26th, 2025	Intro I & II	5:00 - 6:00 pm	Airport Park #4	
		Soccer	May 8th - June 26th, 2025	Intro 4 & 5	5:00 - 6:00 pm	NSC Outdoor Field 47	
		Flag Football	May 8th - June 26th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Outdoor Field 47	
Summer II	Monday	Cheerleading	July 28th - September 15th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall - Field C	No 9/1 - Add 9/3 7/28 - Field B
	Wednesday	Hockey	July 30th - September 17th, 2025	Intro I Intro II Intro III	5:40 - 6:10 pm 5:40 - 6:40 pm	NSC Super Rink	
		Soccer	July 30th - September 17th, 2025	Intro I Intro II Intro III	6:00 - 6:30 pm 5:00 - 5:45 pm <del>6:00 - 6:55 pm</del>	NSC Outdoor Field	
	Thursday	Baseball	July 31st - September 18th, 2025	Intro I & II	5:00 - 6:00 pm	Airport Park #4	
		Soccer	July 31st - September 18th, 2025	Intro 4 & 5	5:00 - 6:00 pm	NSC Outdoor Field - Turf?	Sharing w/ FF
		Flag Football	July 31st - September 18th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Outdoor Field - Turf?	Sharing w/ SOC
Fall	Monday	Cheerleading	September 22nd - November 17th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall	NO 10/27
	Wednesday	Hockey	October 1st - November 19th, 2025	Intro I	5:40-6:10 pm	NSC Super Rink	
				Intro II	5:40-6:40 pm		
				Intro III	5:40 - 6:40 pm		
	Thursday	Soccer	September 24th - November 19th, 2025	Intro I Intro II Intro III	7:00 - 7:30 pm 6:00 - 6:45 pm 7:00 - 7:50 pm	NSC Sports Hall	10/22 - Class in Grand Hall No class 10/29
		Baseball	September 25th - November 20th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall	NO 10/30
		Soccer	September 25th - November 20th, 2025	Intro 4 & 5	5:00 - 6:00 pm	NSC Sports Hall	NO 10/30
		Flag Football	September 25th - November 20th, 2025	Intro I & II	5:00 - 6:00 pm	NSC Sports Hall	NO 10/30