

2026 ICE SHOW SOLO REQUIREMENTS

Revised January 17, 2025

**Competition Qualification period
March 1, 2025 – February 9, 2026**

**Testing Qualification period will close
at 11:59pm on January 19, 2026**

For the Competition requirement to count towards the show requirements, the skater must represent the NSC ISI Team or NBNSC FSC at those events.

The purpose of the NSC solo criteria is to determine skater's eligibility for a solo or group step out in the spring ice show.

It is designed to encourage skaters to:

- Maintain National Sports Center as their ISI home program.
- Maintain Northern Blades NSC FSC as their US Figure Skating home club, if applicable
- Contract for ice time at The National Sports Center
- Participate in competitions
- Continue to progress through test levels

Automatic solo ~ Option #1
Must submit the Solo Request Form

Skaters must meet either 1, 2

1. Pass the ISI Freestyle 7, 8, 9 or 10 test.
2. A graduating high school senior that has passed the ISI Freestyle 5 test by the ice show registration deadline and skated in the NSC Ice Show for past three years (2025, 2024, 2023).

Skaters must meet all the requirements below in addition to one of the above requirements.

3. NBNSCFSC must be the skaters US Figure Skating home club by July 1, 2025. This only applies to skaters that are members of US Figure Skating.
4. NSC must be the skaters ISI home rink by September 1, 2025.
5. The skater must be a member in good standing.
6. Compete a minimum of three competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
 - Frosty Blades 2026 (Entered in three events, at least in two individual events)
If you are unable to meet the Frosty Blades requirement, please know that you will need to plan ahead for an alternate ISI Competition and entered in three events – at least in two individual events. Alternate option must be pre-approved by the skating director.
 - One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2025 – February 9, 2026).
 - Third competition may be an ISI or US Figure Skating competition, in an individual event (March 1, 2025 – February 9, 2026).
7. Contract for a minimum of five sessions per contract period. Fall 2025, Winter 2025/2026 and Spring 2026 Contract Ice.
8. Complete and turn in the ice show solo request by 11:59pm on January 19, 2026. The application must be **filled out completely** and **late applications will not be considered.**
 - ◆ US Figure Skating competition entry/placement **MUST** have the Official ordinal result sheet attached for event verification - A photo of the results sheets is acceptable
 - ◆ ISI Competition entry/placement will be verified through the rink.
9. Register for the Ice Show Freestyle Initial group number (family, opening number and bonus freestyle numbers do not meet the requirements).

COSTUME & MUSIC FEE: There is a charge of \$30 for music. The costume is the responsibility of the soloist. The costume must be approved by the NSC Skating Director.

Automatic solo ~ Option #2
Must submit the Solo Request Form

Passed the US Figure Skating Singles Gold Medalist OR passed ISI Freestyle 9 that is a senior in high school and all the below requirements for a solo in the ice show.

1. NBNSCFSC must be the skaters US Figure Skating home club when they passed the Gold Singles Test and remain the home club through the current membership year, ending June 2026.
2. NSC must be the skaters ISI home club when they passed the ISI Freestyle 9 Test and remain the home club through the current membership year, ending August 30, 2026. The skater must be a member in good standing.
3. Compete a minimum of two competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
4. Frosty Blades 2026 (Entered in three events, at least in two individual events)
 - ◆ If you are unable to meet the Frosty Blades requirement, please know that you will need to plan ahead for an alternate ISI Competition and entered in three events, at least in two individual events – alternate option must be pre-approved by the skating director.
5. One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2025 – February 9, 2026)
6. Contract for a minimum of three sessions per contract period. Fall 2025, Winter 2025/2026 and Spring 2026 Contract Ice.
7. Register for the Ice Show Freestyle Initial group number (family, opening number and additional bonus freestyle numbers do not meet the requirements).

Complete and turn in the ice show solo request form by 11:59pm on January 19, 2026. The application must be **filled out completely** and **late applications will not be considered.**

- ◆ US Figure Skating competition entry/placement **MUST** have the Official ordinal result sheet attached for event verification - A photo of the results sheets is acceptable
- ◆ ISI Competition entry/placement will be verified through the rink.

COSTUME & MUSIC FEE: There is a charge of \$30 for music. The costume is the responsibility of the soloist. The costume must be approved by the NSC Skating Director.

**** Soloist will receive details with regards to music/theme and costume in February 2026 after all the paperwork and competition entries/placement are verified by the show Director ***

Group Step Out Positions

Skaters must meet either 1, 2

1. Pass the ISI Freestyle 6 test.
2. A graduating high school senior that has passed the ISI Freestyle 4 test by the ice show registration deadline and skated in the NSC Ice Show for past three years (2025, 2024, 2023).

Skaters must meet all the requirements below in addition to one of the above requirements.

3. NBNSCFSC must be the skaters US Figure Skating home club by July 1, 2025. This only applies to skaters that are members of US Figure Skating.
4. NSC must be the skaters ISI home rink by September 1, 2025.
5. The skater must be a member in good standing.
6. Compete a minimum of three competitions, details below representing NSC ISI Team or Northern Blades NSC FSC
 - ◆ Frosty Blades 2026 (Entered in three events, at least in two individual events). If you are unable to meet the Frosty Blades requirement, please know that you will need to plan ahead for an alternate ISI Competition and entered in three events, at least in two individual events – alternate option must be pre-approved by the skating director.
 - ◆ One additional ISI competition – entered in an INDIVIDUAL event (March 1, 2025 – February 9, 2026).
 - ◆ Third competition may be and ISI or US Figure Skating competition, in an individual event (March 1, 2025 – February 9, 2025).
7. Contract for a minimum of five sessions per contract period (contracted session must be at least six weeks in length). Fall 2025, Winter 2025/2026 and Spring 2026 Contract Ice.
8. Complete and turn in the ice show solo request form by 11:59pm on January 19, 2026. The application must be **filled out completely** and **late applications will not be considered.**
 - ◆ US Figure Skating competition entry/placement **MUST** have the Official ordinal result sheet attached for event verification - A photo of the results sheets is acceptable
 - ◆ ISI Competition entry/placement will be verified through the rink.
9. Register for the Ice Show Freestyle Initial group number (family, opening number and bonus freestyle numbers do not meet the requirements).

COSTUME: NSC will be ordering a coordinating outfit to match the group number.

- ◆ Costume fee is the responsibility of the soloist \$70.00 - \$85.00. This will be collected once the costume has been ordered, and we know the price of the costume.
- ◆ Music fee of \$30

**** Soloist will receive details with regards to music/theme and costume in February 2026 after all the paperwork and competition entries/placements are verified by the show Director**

ICE SHOW SOLO/GROUP STEP OUT REQUEST FORM

Must be turned in by 11:59pm January 19, 2026

Competition qualification period (March 1, 2025 – February 9, 2026)

Test qualification period ends January 20, 2026

Skaters name _____
Phone _____ Email _____
Coach _____

January 19, 2026 highest level passed

ISI Freestyle _____ date tested _____
USFS Free Skate _____ date tested _____

Only THREE competition results need to be entered (if applicable).

One <> Frosty Blades 2025 (3 events/two must be individual event).

Two <> Additional ISI Competitions from March 1, 2025 – February 9, 2026.

Three <> May be an ISI or US Figure Skating competition from March 1, 2025 – February 9, 2026.

1. Name of competition:

FROSTY BLADES 2025 (minimum of three events two must be individual event.

Event(s) and level entered:

2. Name of competition <> ISI Competition _____

Date of competition _____

Events and level entered: Placement

_____	_____
_____	_____
_____	_____

3. Name of competition _____

Date of competition _____

ISI or US Figure Skating Competition <> _____

USFS competitions must have the ordinal sheet attached for verification – a photo of the results sheet is acceptable

Events and level entered: Placement

_____	_____
_____	_____
_____	_____

- US Figure Skating competition entry/placement **MUST** have the Official ordinal result sheet attached for event verification - A photo of the results sheets is acceptable
- **ISI Entry, placement and NSC representation will be verified by the Skating Director**