

Next Level Hockey Camp - 2026

Each day at NLHC is designed to give athletes a fun, well-rounded hockey experience while building skills, confidence, and teamwork. Athletes will participate in on-ice training, dryland/athletic development, lunch, and outdoor games every day. These core activities are the foundation of our camp and occur daily. In addition, athletes will enjoy a variety of special activities and team-building experiences throughout the week. These activities will vary by day and will be highlighted on the daily schedule so parents & guardians can plan accordingly. Our flexible schedule allows coaches to adjust activities based on weather, group energy, and training needs while ensuring each athlete receives a high-quality and balanced camp experience.

Week One: June 8-12		
Monday, June 8th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, June 9th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, June 10th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:30-3:30 pm	Lilliput	Field Trip - Mini Golf, Bumper Boats, Go Karts, Jump Pad
4:15-5:00 pm	Pick-Up	
Thursday, June 11th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:30-3:45 pm	Bunker Beach	Field Trip - Water Park - Please send your athlete with a swimsuit / towel
4:15-5:00 pm	Pick-Up	
Friday, June 12th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-11:00 R2
		Group 2: 11:00-12:40 R2
4:15-5:00 pm	Pick-Up	

Week One: June 8-12

Week Two: June 15-19		
Monday, June 15th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:10
		Group 2: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, June 16th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1: 9:40-11:10
		Group 2: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, June 17th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1: 9:40-10:55
1:00-3:30 pm	Saints Game	Group 2: 10:55-12:10
		Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, June 18th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1: 9:40-11:10
1:30-3:30 pm	Top Golf	Group 2: 11:20-12:50
		Field Trip
4:15-5:00 pm	Pick-Up	
Friday, June 19th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Two: June 15-19

Week Three: June 22-26

Week Three: June 22-26		
Monday, June 22nd		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
2:00-3:30 pm	Fogerty Arena - On Ice Training	Field Trip - Athletes will bring equipment on the bus with them. Coaches will be available to assist
4:15-5:00 pm	Pick-Up	
Tuesday, June 23rd		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
10:00-11:15 am	Blaine PD - K9 & Swat Demo	(On campus)
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Wednesday, June 24th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	Valley Fair	Field Trip We will have cold storage available for athletes to store lunches
4:15-5:00 pm	Pick-Up	
Thursday, June 25th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
10:00-12:00	Zero Gravity	Field Trip
	(+ normal daily activities)	Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Friday, June 26th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY Group 1: 9:40-11:40 R2
4:15-5:00 pm	Pick-Up	

Week Four: June 29-July 3

Week Four: June 29-July 3		
Monday, June 29th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:10 Group 2 Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, June 30th		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10 Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 1st		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-11:10 Group 2 Ice Time: 11:20-12:50
1:45-3:15 pm	Target Center	Field Trip - Facility Tour
	(+ normal daily activities)	
4:15-5:00 pm	Pick-Up	
Thursday, July 2nd		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10 Group 2 Ice Time: 11:20-12:50
	Urban Air	Field Trip - Climbing walls, trampolines, ropes course, zipline, dodgeball, warrior course
4:15-5:00 pm	Pick-Up	
Friday, July 3rd		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY Group 1: 9:10-10:45 R2 Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Five: July 6-10

Week Five: July 6-10		
Monday, July 6		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:20-10:50
		Group 2 Ice Time: 2:00-3:30
4:15-5:00 pm	Pick-Up	
Tuesday, July 7		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:00-10:50
		Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 8		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:20-10:50
		Group 2 Ice Time: 2:00-3:30
4:15-5:00 pm	Pick-Up	
Thursday, July 9		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-10:50
	Top Golf	Group 2 Ice Time: 2:20-3:50
		Field Trip
	(+ normal daily activities)	Group 1 Field Trip: 1:00-3:00
4:15-5:00 pm	Pick-Up	Group 2 Field Trip: 10:00-12:00
Friday, July 10		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Friday - GAMEDAY
	(+ normal daily activities)	Group 1: 9:00-10:30 R2
		Group 2: 10:40-12:10 R2
	SLP Waterpark	Field Trip - Please send your athlete with a swimsuit and towel
4:15-5:00 pm	Pick-Up	

Week Six: July 20-24

Week Six: July 20-24		
Monday, July 20		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
10:00-1:45 pm	Mariucci / Ridder - Ice time & Facility tour (+ normal daily activities)	Field Trip - Athletes will bring equipment on the bus with them. Coaches will be available to assist
4:15-5:00 pm	Pick-Up	
Tuesday, July 21		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 22		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-11:10
	1:00-3:00 Target Field (+ normal daily activities)	Group 2 Ice Time: 11:20-12:50
		Field Trip - Facility Tour
4:15-5:00 pm	Pick-Up	
Thursday, July 23		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
9:30-1:30	Lee and Penny Anderson Arena (St Thomas) - Ice time & Facility tour (+ normal daily activities)	Field Trip - Athletes will bring equipment on the bus with them. Coaches will be available to assist
4:15-5:00 pm	Pick-Up	
Friday, July 24		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Friday - GAMEDAY
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Seven: July 27-31

Week Seven: July 27-31		
Monday, July 27		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:40
		Group 2 Ice Time: 1:55-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, July 28		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
		Group 1 Ice Time: 9:40-11:10
	(+ normal daily activities)	Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 29		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 11:20-12:50
	Grand Slam (+ normal daily activities)	Field Trip - Laser tag, mini golf, play zone, bumper cars, ninja course, batting cages
4:15-5:00 pm	Pick-Up	
Thursday, July 30		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-10:40
	(+ normal daily activities)	Group 2 Ice Time: 10:40-11:40
12:40-3:30 pm	Twins Game	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, July 31		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Eight: August 3-7

Week Eight: August 3-7		
Monday, August 3		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, August 4		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
		Group 1 Ice Time: 9:40-11:10
	(+ normal daily activities)	Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 5		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-10:55
	(+ normal daily activities)	Group 2 Ice Time: 10:55-12:10
1:00-3:30 pm	Saints Game	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, August 6		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-11:10
	(+ normal daily activities)	Group 2 Ice Time: 11:20-12:30
1:15-3:15 pm	Ninjas United	Field Trip - Gym featuring 40-plus obstacles for American Ninja Warrior-style training
4:15-5:00 pm	Pick-Up	
Friday, August 7		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Nine: August 10-14

Week Nine: August 10-14		
Monday, August 10		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, August 11		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 12		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:00-10:05
	(+ normal daily activities)	Group 2 Ice Time: 10:05-11:10
1:00-3:30 pm		Twins Game
4:15-5:00 pm	Pick-Up	
Thursday, August 13		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
10:00-12:00 pm	Fun City	Field Trip
	(+ normal daily activities)	Group 1 Ice Time: 1:15-2:45
4:15-5:00 pm	Pick-Up	Group 2 Ice Time: 2:20-3:40
Friday, August 14		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Ten: August 17-21

Week Ten: August 17-21		
Monday, August 17		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
4:15-5:00 pm	Pick-Up	
Tuesday, August 18		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10
		Group 2 Ice Time: 2:20-3:50
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 19		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Group 1 Ice Time: 9:40-11:10
	(+ normal daily activities)	Group 2 Ice Time: 11:20-12:50
1:00-3:30 pm		Bunker Beach
4:15-5:00 pm	Pick-Up	
Thursday, August 20		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Group 1 Ice Time: 9:40-11:10
1:30-3:45 pm		Zero Gravity
		Field Trip
4:15-5:00 pm	Pick-Up	
Friday, August 21		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	