



Next Level Hockey Camp - 2026

Each day at NLHC is designed to give athletes a fun, well-rounded hockey experience while building skills, confidence, and teamwork. Athletes will participate in on-ice training, dryland/athletic development, lunch, and outdoor games every day. These core activities are the foundation of our camp and occur daily. In addition, athletes will enjoy a variety of special activities and team-building experiences throughout the week. These activities will vary by day and will be highlighted on the daily schedule so parents & guardians can plan accordingly. Our flexible schedule allows coaches to adjust activities based on weather, group energy, and training needs while ensuring each athlete receives a high-quality and balanced camp experience.

Week One: June 8-12

Week One: June 8-12

Monday, June 8th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	

Tuesday, June 9th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	

Wednesday, June 10th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:30-3:30 pm	Lilliput	Field Trip - Mini Golf, Bumper Boats, Go Karts, Jump Pad
4:15-5:00 pm	Pick-Up	

Thursday, June 11th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:30-3:45 pm	Bunker Beach	Field Trip - Water Park - Please send your athlete with a swimsuit / towel
4:15-5:00 pm	Pick-Up	

Friday, June 12th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-11:00 R2
		Group 2: 11:00-12:40 R2
4:15-5:00 pm	Pick-Up	

Week Two: June 15-19

Week Two: June 15-19

Monday, June 15th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	

Tuesday, June 16th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	

Wednesday, June 17th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:00-3:30 pm	Saints Game	Field Trip
4:15-5:00 pm	Pick-Up	

Thursday, June 18th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
1:30-3:30 pm	Slick City	Field Trip - Indoor slides and air courts
4:15-5:00 pm	Pick-Up	

Friday, June 19th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Three: June 22-26

Week Three: June 22-26

Monday, June 22nd

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
2:00-3:30 pm	Fogerty Arena - On Ice Training	Field Trip - Athletes will bring equipment on the bus with them. Coaches will be available to assist
4:15-5:00 pm	Pick-Up	

Tuesday, June 23rd

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	

Wednesday, June 24th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
		Field Trip
	Valley Fair	We will have cold storage available for athletes to store lunches
4:15-5:00 pm	Pick-Up	

Thursday, June 25th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
10:00-12:00	Zero Gravity	Field Trip
	(+ normal daily activities)	
4:15-5:00 pm	Pick-Up	

Friday, June 26th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:40-11:40 R2
4:15-5:00 pm	Pick-Up	

Week Four: June 29-July 3

Week Four: June 29-July 3

Monday, June 29th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	

Tuesday, June 30th

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	

Wednesday, July 1st

Time	Activity	Notes
8:00-9:00 am	Drop Off	
1:45-3:15 pm	Target Center	Field Trip - Facility Tour
	(+ normal daily activities)	
4:15-5:00 pm	Pick-Up	

Thursday, July 2nd

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activities)	Field Trip - Climbing walls, trampolines, ropes course, zipline, dodgeball, warrior course
	Urban Air	
4:15-5:00 pm	Pick-Up	

Friday, July 3rd

Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Five: July 6-10

Week Five: July 6-10		
Monday, July 6		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, July 7		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 8		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Thursday, July 9		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	Top Golf	Field Trip
	(+ normal daily activites)	
4:15-5:00 pm	Pick-Up	
Friday, July 10		
Time	Activity	Notes
8:00-9:00 am	Drop Off	Friday - GAMEDAY
	(+ normal daily activites)	Group 1: 9:00-10:30 R2
		Group 2: 10:40-12:10 R2
	SLP Waterpark	Field Trip - Please send your athlete with a swimsuit and towel
4:15-5:00 pm	Pick-Up	

Week Six: July 20-24

Week Six: July 20-24		
Monday, July 20		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, July 21		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 22		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	Target Field	Field Trip - Facility Tour
	(+ normal daily activites)	
4:15-5:00 pm	Pick-Up	
Thursday, July 23		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
		Update: Saints Game!
4:15-5:00 pm	Pick-Up	
Friday, July 24		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Seven: July 27-31

Week Seven: July 27-31		
Monday, July 27		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, July 28		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, July 29		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	Grand Slam	Field Trip - Laser tag, mini golf, play zone, bumper cars, ninja course, batting cages
	(+ normal daily activites)	
4:15-5:00 pm	Pick-Up	
Thursday, July 30		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:40-3:30 pm	Twins Game	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, July 31		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Eight: August 3-7

Week Eight: August 3-7		
Monday, August 3		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, August 4		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 5		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:00-3:30 pm	Saints Game	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, August 6		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:15-3:15 pm	Ninjas United	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, August 7		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Nine: August 10-14

Week Nine: August 10-14		
Monday, August 10		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, August 11		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 12		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:00-3:30 pm	Twins Game	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, August 13		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:00-3:30 pm	Top Golf	Field Trip
4:15-5:00 pm	Pick-Up	
Friday, August 14		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	

Week Ten: August 17-21

Week Ten: August 17-21		
Monday, August 17		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	
4:15-5:00 pm	Pick-Up	
Tuesday, August 18		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
12:15-1:45 pm	Golf - Victory Links	(Golf clubs can be provided by VLGC or athletes can bring their own)
4:15-5:00 pm	Pick-Up	
Wednesday, August 19		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:00-3:30 pm	Saints Game	Field Trip
4:15-5:00 pm	Pick-Up	
Thursday, August 20		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	(+ normal daily activites)	
1:30-3:45 pm	Bunker Beach	Field Trip - Water Park - Please send your athlete with a swimsuit / towel
4:15-5:00 pm	Pick-Up	
Friday, August 21		
Time	Activity	Notes
8:00-9:00 am	Drop Off	
	On-Ice Training/Dryland Training/ Outside Games / Lunch	Friday - GAMEDAY
		Group 1: 9:10-10:45 R2
		Group 2: 10:45-12:20 R2
4:15-5:00 pm	Pick-Up	